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## For winter ale mints

In the winter when your insistence is low and you get colds and in flu in sirs, one thing you can do is bawl an onion and drink the supe of it. Also, be shu ah to keep lots of cold jews in the fridge.

Keep your head warm with a tow bargain and your feet warm with insult-laden socks.

Send your kids off to skull loaded with vitamins. Don't forget boots (or his saxophone). Get plenty of rest from dark to dawn, witch is around twelve, ours.

Be chairful, walk in a winter wonderland while nipping (your nose). Go skiing in a padded barrel or slide down an icy slope on your back, like you did last year.

**Ruth D. Spencer**  
Lawsonville

## Homegrown memories

I grew up in the mountains of North Carolina during the early 1900s. My parents, Joe and Elizabeth Smith, had a family of 12 children. Feeding 14 people required a lot of work.

We didn't have jars to can food in, so mother would dry apples and blackberries for winter use. She would pickle beans and sauerkraut in wooden tubs. They were kept in the spring house where they kept ice in the food all winter long. My favorite meal was pickled beans, cornbread, onions, and sweet milk.

Papa would raise cane for molasses. Mother used molasses instead of sugar to make delicious things like sweet bread. Papa also raised grain for making our bread. Rye bread was one of my favorites. How good it was with Mama's churned butter. I can almost taste it now.

**Della Church**  
Deep Gap



## "When Radio Was"

Owen Bishop received the following letter in response to his column on audiotaped books ["Journal," May 1998].

I drive a truck for a living and, like you, I get bored with music. Searching around on the AM side of the radio dial, I have found a wonderful radio station, but it's hard to get except at night. It is WSAI, 1530 AM, in Cincinnati, Ohio. It plays great old songs and from 10:30 until 11:30 at night, a show called "When Radio Was," comes on. It has lots of old shows such as "Suspense," "Lone Ranger," "The Shadow," and "Superman." Something different every night.

The people who put the shows on also have a catalog with thousands of old radio shows. They also have a Website [www.radiospirits.com]. You can order this Radio Spirits catalog by calling (800) 723-4648.

**Darrell S. Welch**  
Robbins

*The following North Carolina radio stations carry programming from Radio Spirits: WXIT AM 1510 in Blowing Rock, WSQL AM 1240 in Brevard, WNCR AM 1480 in Fairbluff, WIRC AM 630 in Hickory, WGOS AM 1070 in High Point, WECR AM 1130 in Newland, WNNC AM 1230 in Newton, WTXY AM 1540 in Whiteville, WAAV AM 980 in Wilmington and WAAV FM 94.1 in Wilmington.*

## Way back in the early 90s

I remember going to school on the first day, and the smell of new paper and the noises of the other kids coming through the door. I always seemed to really like the first day back to my school, Cove Creek, when the teachers came through the door with smiles on their faces and papers in their hands to begin school. Those days are long gone. I'm in high school now. But those days still ring in my head.

Some of those teachers gave me the greatest lesson of all: to be what you want to be, and not what someone wants you to be. Now I'm climbing that ladder to the top, thanks to all the support I had growing up those days. Teachers still push me to do better each day.

Now as I look back and write this story, I sure do miss those good old days.

**Betty Presnell**  
Sugar Grove

*Cove Creek School, established in 1912, was vacated in 1996. A movement is under way to preserve the building as a historical center and museum. For more information, contact Cove Creek Community Office at (828) 297-2200.*







## Josh's Quilt

I was so impressed with the cover on the November 1998 Carolina Country because I love quilts. In 1996 I made my grandson a quilt for high school graduation. Then in 1997 I made another quilt for another grandson when he graduated. A third grandson graduated this year, so I made him one, too.

When I saw the picture on the cover of the magazine, I said, "That is just like the quilt I

made for Josh." I made all three quilts different, just making up a pattern. I was just going to make a 4-pointed star for Josh, but it didn't look good, so I put four more points to it and came out with an 8-pointed star.

Josh had joined the Army Reserves and would go in after he graduated. So I found this piece of red, white and blue material with stars in it to use as the background.

Juanita Jenkins  
Wadesboro

## Tiffany's crystal ball

*It's been over a year since I made my predictions for 1998 (published in Carolina Country, January 1998), when you challenged your readers with the first of your "Nothing Could be Finer" series.*

My first prediction was the completion of the four-laning of US 1 between Sanford and Raleigh. Now, in January 1999, barrels are still up on the southbound section going into Sanford city limits. These barrels start about nine miles from Sanford. Of these miles, three have the centerlines painted, but reflectors haven't been installed. For the remaining six miles, into Sanford, there are no lines or reflectors. The barrels are lined up to change the traffic pattern once from one lane to the other. I have to admit, I didn't think the NCDOT would get it complete even to this point. On all our trips through there throughout 1998, I commented, "they will not have the construction done by year's end." Then, all of a sudden, it was open to traffic! I'm pleasantly surprised, because I have a son who works in the bridge designing division of NCDOT and we gave him a hard time about the seemingly slow project.

As for my other predictions, I fared pretty well. The Montgomery County school system's board of education finally passed on a sex education curriculum, which includes abstinence until marriage. I hope today's teens adhere to those rules for their own health and well-being, both in the social sense and morally. God created kids to be kids, and then as they mature and become adults, it's time to take on adult responsibilities. Hopefully, their parents will instill values of the highest kind into their children, beginning at an early age. Then their teachers can reinforce them.

Albemarle passed the liquor bond in February 1998, as I predicted. Of course, the officials have been trying for 50 years, and it was bound to pass eventually! The new ABC store, which opened November 2, 1998, reports "booming business" with over \$240,000 in sales and over 24,000 bottles of liquor being sold since opening. Whereas I'm not enthused about all that liquor being ingested, the added revenue for Albemarle is welcomed.

The prediction that other shiny diners would go up throughout other areas of North Carolina is a little dim to me. I haven't heard of any more controversy about them from my corner of the state. However, the turmoil over "Gypsy's" in Cary has subsided as far as I know, since the initial shock of its arrival wore off.

Tiffany Traynahm Klappenback  
Mount Gilead

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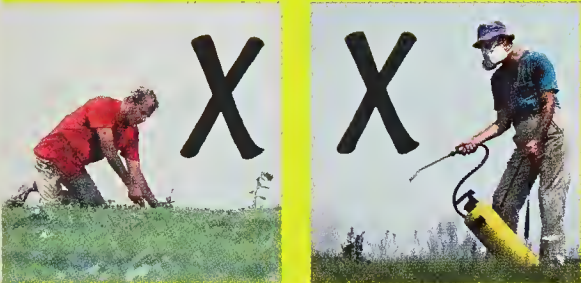


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## Telephone co-ops going strong in rural America

With all the news these days about investor-owned telephone companies merging and competing for local and long-distance customers, America's 260 rural telephone cooperatives might have been overlooked.

Serving more than 1.2 million hard-to-reach people in 31 states, telephone co-ops are thriving in today's high-tech world. One reason, according to the National Cooperative Bank (NCB), is that telephone co-ops have embraced advanced telecommunications technology in an aggressive fashion--even more than some of the big for-profit companies.

Having access to affordable financing has made all the difference, says the NCB. Rural telephone co-ops borrow money from the Rural Telephone Finance Cooperative, an affiliate of the National Rural Utilities Cooperative Finance Corporation (which lends money to electric cooperatives), as well as from the Rural Utilities Service, a branch of the U.S. Department of Agriculture, and from private sources.

Like America's electric co-ops, consumers in hard-to-reach areas that for-profit companies found too costly to connect and serve formed telephone co-ops. The oldest one, chartered in 1912, is the Garden Valley Telephone Company in Minnesota, serving 12,000 member-consumers.

In North Carolina, there are about 106,000 subscribers to 11 telephone co-ops based in Belhaven, Shallotte, Lexington, Asheboro, West Jefferson, Clinton, Dobson, Liberty, Ellerbe, Millers Creek and Yadkinville.

## Safety Q & A

### Frequently asked safety questions about electricity

**Question:** Does a tree conduct electricity?

**Answer:** Yes. A tree can be a dangerous conductor of electricity if it falls onto a power line or grows into a power line. Because electric current always finds the quickest way to the ground, electricity can be diverted into a tree limb and trunk. Any person on the ground who comes in contact with such a tree is subject to electric shock. If you see a tree touching a power line, call your electric cooperative.

## The Year 2000

America's power supply networks are "on their way" to year 2000 preparedness

year  
2000

*The North American Electric Reliability Council (NERC) has reported that virtually all North American electric power supply systems will be ready for the year 2000.*

In its January report to U.S. Energy Secretary Bill Richardson, NERC president Michael Gent said, "Although there is clearly much more work to be done, we have found that North America's electric power supply and delivery systems are well on their way to being Y2K ready."

Y2K is shorthand for the year 2000 computer phenomena. Government and industry are working to make sure computer systems do not crash by misreading the date 2000.

The government has set June 30 of this year as the target date for Y2K compliance.

NERC said in January that more than half of all "mission-critical" power systems were free from possible Y2K problems, up from 44 percent at the end of November.

Live tests of electric generators have resulted in no critical failures that would have caused a shutdown of power systems. At nuclear power plants, no Y2K problem has been discovered that would prevent any safety system from shutting down a plant in an emergency, the NERC report said.

Sec. Richardson has commended the electric power sector for achieving the best known Y2K compliance participation rate of any industry.

"I am pleased that 98 percent of the more than 3,000 entities that generate, transmit or distribute electric power within the U.S. are now taking part in the industry-wide assessment process," Richardson said at a press conference in January.

NERC will file two more quarterly reports this year, and conduct drills in April and September as rehearsals ahead of the Dec. 31, 1999, millennium rollover.

The Department of Energy oversees power industry Y2K work, with NERC acting as the umbrella organization for all of the nation's regional reliability groups.

Participating in the NERC program are the National Rural Electric Cooperative Association, the Canadian Electricity Association, the American Public Power Association, the Nuclear Energy Institute and the Edison Energy Institute.

North Carolina Electric Membership Corporation is conducting its own Y2K testing and works on transmission planning issues with the Southeastern Reliability Council (see "The Transition to Y2K," Carolina Country, February 1999).

## Toll-free line for Y2K information

The president's Council on Year 2000 has set up a toll-free information line for answering consumers' queries.

The number 1-888-USA-4-Y2K (or 1-888-872-4925) gives callers prerecorded information, seven days a week, 24 hours a day on how personal computers, small businesses, telephones and other products or services will be affected by the approaching year 2000.

The information comes from government agencies, companies or industry groups, reporting on what measures they are taking to prepare for the year 2000.

The line also provides a "fax-on-demand" system, enabling callers to receive printed material.

Similar information is available on the council's Web site at [www.y2k.gov](http://www.y2k.gov).



## Virginia co-ops support consumer protection in restructuring proposal

*Virginia electric cooperatives are supporting a bill in the legislature that would restructure the electric utility business in that state.* Cooperative members in January visited the state capital in Richmond to urge legislators to retain the bill's provisions aimed at protecting service for residential and small-business consumers.

Last year, the Virginia legislature passed a bill stating that all Virginia consumers should have a choice of power suppliers by 2004. The legislature is now considering bills containing details of how retail competition will work. Virginia lawmakers, consumers and industry representatives during the past three years studied and debated restructuring issues before a compromise bill was passed in the General Assembly.

Jackson E. Reasor Jr. is CEO of both Old Dominion Electric Cooperative, which supplies power to many of the state's distribution cooperatives, as well as the Virginia, Maryland & Delaware Association of Electric Cooperatives. He told the Richmond Times-Dispatch that the cooperatives want to make sure that any law keeps a provision calling for cooperatives and other incumbent utilities to be the "default" suppliers of electricity. Default suppliers would provide the power for consumers who don't choose a competitive power supplier if a choice is available. Forcing a cooperative's members to buy power from another default supplier would effectively strip them of their voting rights in the cooperative, Reasor said.

Reasor said Virginia's cooperatives best represent the state's residential consumers. Households make up 93 percent of electric co-op membership in the state.

The Virginia bill calls for separating utility services into their generation, transmission and distribution parts. Generation would be deregulated and open to market competition while transmission and distribution rates would remain regulated.



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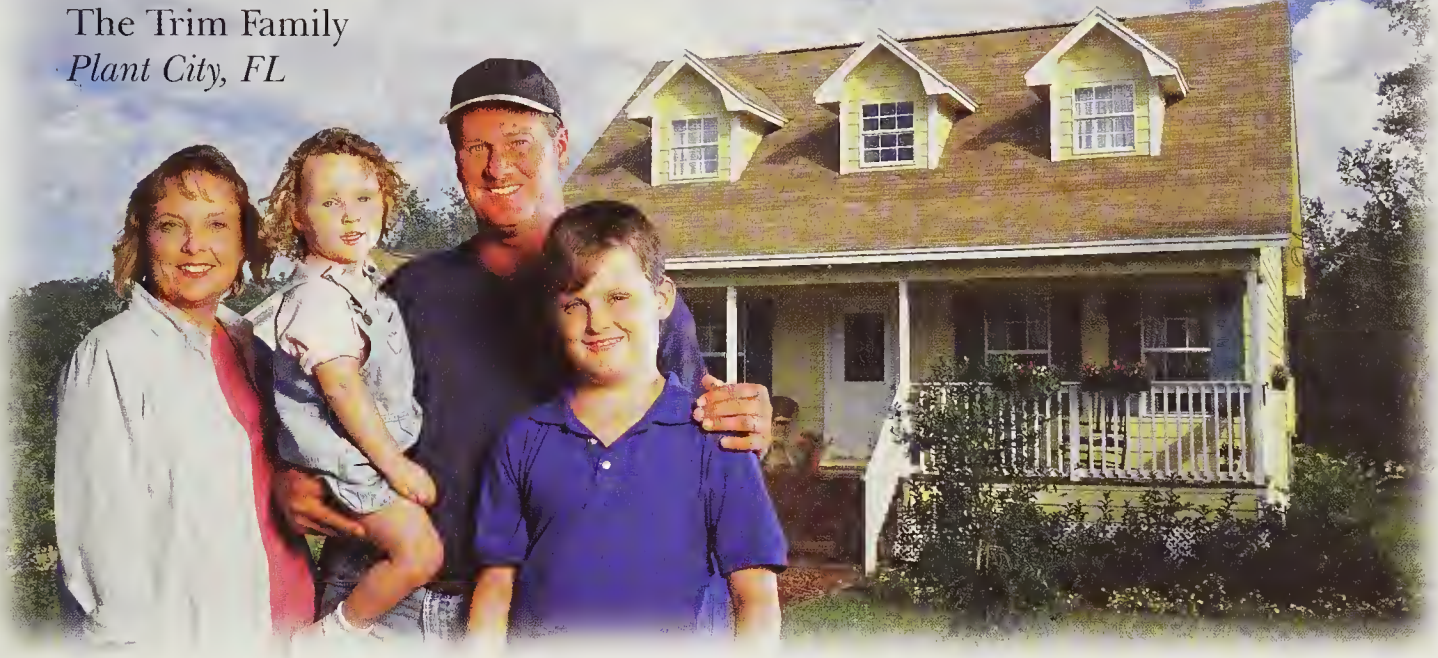
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1999  
Special Olympics

# 114 North Carolina athletes selected for 1999 Special Olympics

Eve Simon



Mike Rosario, Special Olympics cyclist, during '98 fall games.

Special Olympics North Carolina presented the athletes and coaches who will represent North Carolina in the 1999 Special Olympics World Games during a January news conference at Founders Hall in Charlotte.

The North Carolina delegation is one of more than 200 that will participate in the 1999 Special Olympics World Summer Games June 26-July 4 in Raleigh, Durham, Chapel Hill and Pittsboro.

The conference opened with the 114 athletes and 30 coaches parading into Founders Hall waving N.C. flags.

The Special Olympics will be the largest sporting event to be held worldwide in 1999, and the largest sporting event ever to be hosted in North Carolina.

Sponsors of Special Olympics Team USA-NC are the Duke University Health System and Harris Teeter. Supporting sponsor is Bank of America (formerly NationsBank).

The athletes who comprise the state team were selected from more than 25,000 Special Olympics North Carolina athletes during state-level competition in 1998.

Special Olympics offers sports training and competition for children and adults who have mental retardation or a closely related developmental disability. For general information, call 1-888-767-1999 or 919-831-1999, or visit the World Games Web site at [www.99games.com](http://www.99games.com).

Following is a listing of the North Carolina delegation and their home county.

## Special Olympics Team USA North Carolina Delegation

*Head of Delegation,*  
Peggy Smith, Wake.  
*Assistant Head of Delegation,*  
Melissa Juris, Wake.  
*Assistant Head of Delegation-*  
Venisha Bowler, Wake.

### AQUATICS

*Athletes*  
Nicholas Barford, Guilford.  
Russell Corley, Guilford.  
Nicole Extine, Gaston  
Pauline Himler, Mecklenburg.  
*Coach*  
Anne Webb, Guilford.

### ATHLETICS

*Athletes*  
Shawn Austin, Robeson.  
Amanda Cushing, Robeson.  
Darrell Davis, Robeson.  
Tonya Marshall, Nash.  
Jermaine Perry, Hertford.  
Cynthia VanHoy, Davidson.  
*Coaches*  
Lyndon Alford, Robeson.  
Paul Blake, Guilford.  
Eva Patterson, Robeson.

### TEAM BASKETBALL

Johnston County  
*Athletes*  
Derrick Covington  
Charles Cox  
Timothy Eason  
Aaron C. Flemer  
Jonathan Keith Grimes  
David Martinez  
Daniel Wayne Owens  
Phillip Staggers  
Joseph Taylor  
Anthony Wright  
*Coaches*  
Ester G. Eason  
Kelvin Moore

### BOCCE

*Athletes*  
Clifford Dehond, Henderson.  
Christopher Justice, Henderson  
Dawn Myers, Davidson.  
Larry Summey, Henderson.  
*Coach*  
Pam Whitmire, Henderson.

### BOWLING

Beau Bender, Johnston.  
Kent Grainger, Guilford.  
Keith Harris, Guilford.  
Mark Moss, Guilford.  
Richard Neal, Durham.  
Christopher West, Lee.

*Coaches*  
Dale Bender, Johnston.  
Jeannie Garrett, Guilford.

### CYCLING

*Athletes*  
Ruth Hochstrasser, Onslow.  
D.C. Mitchell, Onslow.  
Brandon Rogers, Wake.  
Michael Rosario, Randolph.

*Coach*  
Mike Beeson, Guilford/  
High Point

### EQUESTRIAN

*Athletes*  
James Hewitt, Buncombe.  
Dani (Kristen) Kinert, Orange.  
Ashley Ravella, Durham.  
Stacey Streit, Davie.

*Coach*  
Deborah Meridith, Alamance.

### GOLF

*Athletes*  
Jonathan Berry, Cumberland.  
Mary Buchanan, Lee.  
Charles Flaherty, Guilford.  
Richard Hansen, New Hanover.  
Jeff Neal, Lee.  
Mike Stone, Guilford.  
Richard Williams, Orange.  
*Coaches*  
Bob Dougherty, Lee.  
Charles Parnell, Davidson

### GYMNASTICS

*Athletes*  
Taylor Campbell, Durham.  
Diana Crenshaw, Davidson.  
Carlton Morris, Davidson.  
Andy Ullom, Cumberland.  
Cameron Thomas, Mecklenburg  
*Coach*  
Jill Ericson, Mecklenburg.  
Gerald Hunt, Davidson.

### MARATHON

*Athletes*  
Cathy Bretz, Davie.  
Monte Daniels, Mecklenburg.  
Billy Quick, Guilford.

### POWERLIFTING

*Athletes*  
Daniel Brewer, Guilford.  
Joseph Manwarren, Guilford.  
Larry Nichols, Robeson.  
Torrance Patterson, Robeson Cty.  
Marty Sheets, Guilford.

*Coaches*  
William Peck, Mecklenburg.  
Lamonte Stokes, Alamance.

### ROLLER SKATING

*Athletes*  
Ivana Esquilin, Cumberland.  
Patient Gardner, Pitt.  
*Coach*  
Herbert Walker, Cumberland.

### SAILING

*Athletes*  
Bradford Hunter, Wake.  
John Hunter, Wake.

### TEAM SOCCER

Orange County Liberty  
*Athletes*  
Wayne Cotton  
Steve Fromberg  
Reuben Murray  
Guisepppe Polcaro  
Toby Robinson  
Frank Sampson  
Brenda Spivey  
Tony Tripp  
Chris Walzer  
David Whitted  
*Coaches*  
John Waller  
Matthew Farthing

### TEAM SOFTBALL

Greensboro Generals  
*Athletes*  
Terry Attaway  
Terry Gray  
Darrell Hamilton  
Calvin King  
Charles Kratz  
Kelvin Lea  
Kenneth Lea  
Mike McNeil  
Rodney Parker  
Lewis Peguese  
Gary Simpson  
Richard Spivey  
Dwight Sutton  
Jonathan Wells  
*Coaches*  
Steven Sinkhom  
Robert Stone

### TENNIS

*Athletes*  
Jodi Moorefield, Mecklenburg.  
Robb Williams, Davie.  
*Coach*  
Alan Harris, Cumberland.

### UNIFIED SOFTBALL

Gaston County Shooters  
*Athletes*  
Chad Cloninger  
Bobby Hyde  
Charlie Messer  
Lee Roy Montgomery  
Chris Robbin  
Billy Roberts  
David Rushing  
Brett Tyler

*Partners*  
Allen Adiemy  
Ashley Anthony  
Wes Anthony  
Rod Hewes  
Courtney Jones  
Brian Lowe  
Jason Minton

*Coaches*  
Kathie Anthony  
Glenn Burgess  
Alan Foster

### VOLLEYBALL

Edgecombe County  
*Athletes*  
Shuronia Barnes  
Kenya Foreman  
Priscilla Gunter  
Ashley Hemby  
Jeanette Hinnant  
Kathy Hollis  
Teena Jones  
Amber Long  
Shelby Tripp  
Tamika Woods

*Coaches*  
Deborah Worden  
Norman Worden

Orange County soccer athlete Tony Robinson wins gold in '98 fall games through which his team was selected for Special Olympics Team USA-NC.



Dave Herr



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**Senator Jesse Helms (R)**  
403 Dirksen Senate  
Office Building  
Washington, DC  
20510-3301  
Tel: 202-224-6342

Fax: 202-228-1339

e-mail: jesse\_helms@helms.senate.gov



**Senator John Edwards (D)**  
825 Hart Senate  
Office Building  
Washington, DC  
20510-3305  
Tel: 202-224-3154

Fax: 202-228-1374

e-mail: senator@edwards.senate.gov

### U.S. House of Representatives

#### 1st District



**Rep. Eva M. Clayton (D)**  
2440 Rayburn House  
Office Building  
Washington, DC  
20515-3301  
Tel: 202-225-3101

Fax: 202-225-3354

e-mail: eclayton@hr.house.gov

#### 2nd District



**Rep. Bob Etheridge (D)**  
1641 Longworth House  
Office Building  
Washington, DC  
20515-3302  
Tel: 202-225-4531

Fax: 202-225-5662

e-mail: Bob.Etheridge@mail.house.gov

#### 3rd District



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422 Cannon House  
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20515-3303  
Tel: 202-225-3415

Fax: 202-225-3286

e-mail: cong.jones@mail.house.gov

#### 4th District



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Washington, DC  
20515-3304  
Tel: 202-225-1784

Fax: 202-225-2014

e-mail: david.price@mail.house.gov

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20515-3305  
Tel: 202-225-2071

Fax: 202-225-2995

e-mail: richard.burrnc05@mail.house.gov

#### 6th District



**Rep. Howard Coble (R)**  
2468 Rayburn House  
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Washington, DC  
20515-3306  
Tel: 202-225-3065

Fax: 202-225-8611

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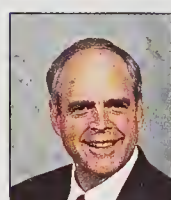


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20515-3307  
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e-mail: Congmcintyre@mail.house.gov

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**Rep. Robin Hayes (R)**  
130 Cannon House  
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20515-3308  
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Fax: 202-225-4036

e-mail: Robin.Hayes@mail.house.gov

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**Rep. Sue Myrick (R)**  
230 Cannon House  
Office Building  
Washington, DC  
20515-3309  
Tel: 202-225-1976

Fax: 202-225-3389

e-mail: myrick@hr.house.gov

#### 10th District



**Rep. T. Cass Ballenger (R)**  
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Washington, DC  
20515-3310  
Tel: 202-225-2576

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e-mail: cassmail@hr.house.gov

#### 11th District



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Washington, DC  
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e-mail: chtaylor@hr.house.gov

#### 12th District



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e-mail: melmail@hr.house.gov





nothing  
could be finer

# Advice for Congress

Now that members of the 106th Congress have settled into their offices (see page 15) and, we hope, settled down to business, Carolina Country offers our Congressional representatives the advice of some of our readers.

While we received a healthy number of entries on this topic, they were fewer than on any topic we've presented in the past 15 months. I'm not sure why. Maybe people would rather write about their cars, their friends, their cooperative and their community than about their government.

I do know that during the months you considered this topic of "My Advice to Congress," much of Congress itself was involved with attacking or defending President Clinton. Nonetheless, most of you looked beyond the Clinton matter and wrote in general terms about how you'd like to see your elected representatives perform their responsibilities. And nearly every letter advised members of Congress to pay attention to the will of their constituents, as well as to follow their conscience, and to set an example for young people.

Next month we'll publish entries for "The Funniest Story I Ever Heard." See page 17 for this year's remaining topics.

— Michael Gery

## Be natural

Learn all you can about a bill, then give yourself time to reflect upon the long-term consequences of it.

Go to a place where you are surrounded by nature. Get into that rhythm. Leave other influences behind. Pray for wisdom.

The people who voted for you put their lives in your hands.

Make your life so that, when you lie on your deathbed, you will have no regrets.

*Ellen Payne  
Hertford  
Albemarle EMC*

"Read again  
the documents  
that form  
the very  
foundation  
of our democracy."

## Consider average families

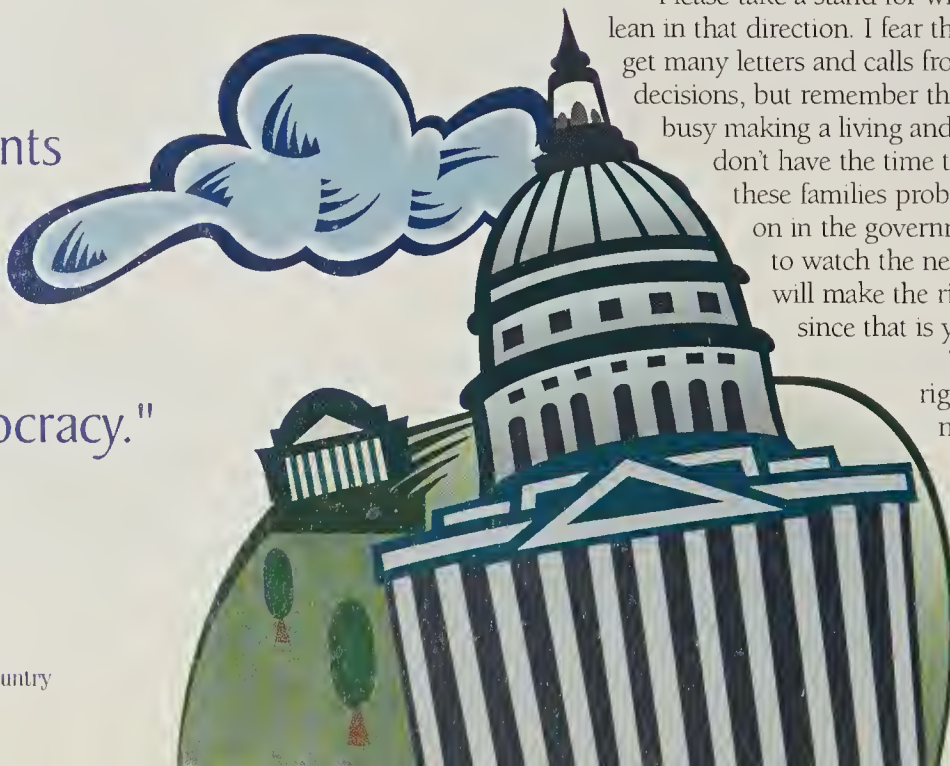
The current state of our union is not at its best. Sure, the economy is doing well, unemployment and interest rates are low, but the moral character of this country is disintegrating. If all of us do not stop accepting immoral behaviors without question and start standing for what is right, this country will never get back on the right track. (And I am not just referring to the impeachment hearings.)

Please live your lives as a good example by being moral, God-fearing, and law abiding. If you do you will not have any fear of scandals affecting your career.

Please take a stand for what is right even if the polls do not lean in that direction. I fear that polls are not truly accurate. You get many letters and calls from those who may disagree with your decisions, but remember that there are many families who are so busy making a living and raising children that they simply don't have the time to contact you. In addition, many of these families probably do not even know what is going on in the government because they do not have time to watch the news reports. We just trust that you all will make the right decisions as our representatives, since that is your job.

Those of us who still believe that right is right and wrong is wrong have no polls to speak for us. We have to hope that you all still remember that our mostly silent majority is still out here.

*Lisa Marie Greeson  
Westfield  
Surry-Yadkin EMC*





## Show moral and ethical character

My advice to Congress members is for them to show, by example, moral and ethical character.

Our nation has come to a point where we don't seem to put much emphasis on being an honest and decent human being. As an educator, I encourage children to tell the truth and to be kind to others. They are then faced with so many examples of politicians who don't seem to have to follow the same rules. What kind of a message are we sending our children?

We need to turn this country around and show the children — and adults — that our representatives have high moral standards we all can feel good about.

**Carolyn Cloninger**

Bessemer City  
Rutherford EMC

## Try statesmanship

One quiet evening when the lights are low, pull your old American history textbook from the shelf and settle into your easy chair. As you leaf through the pages, listen.

Listen for the sounds of the fife and drum carried in the wind. Listen for the rattle of musket fire through the trees. Listen for the loud roar of cannons being lit in the fields. Listen for the long ago hoofbeats of horses and the footfalls of courageous men and women in the fight to shape our great nation. Listen for the scratching of Mr. Madison's quill pen as he writes, "We, the people...." Listen for the echoes of Abraham Lincoln's worn and weary voice as he speaks from the train at Gettysburg, "government of the people, by the people and for the people...."

And if you are still awake at dawn's early light, read again the documents that form the very foundation of our democracy.

Then make a new commitment to noble statesmanship that upholds these ideals, and listen. Listen to the voices of the people. Ask your constituents about the issues. Then give us honest and true leadership.

**Ann Clayton**

Asheville  
Haywood EMC

## Where have you been?

I didn't vote for someone to go to Washington and bicker back and forth.

I believe in fairness. What the President is alleged to have done is wrong. What our leaders are doing is also wrong.

I watched the impeachment hearings. All I heard was "vote your conscience." They did, right down party lines, and I saw some of our leaders talking and laughing while this serious business was going on.

America is going to be affected either way it goes.

My advice to Congress would be to come together and work as "we the people" for the people. I've heard leaders say on TV that they had already made up their minds how they would vote should there be a trial. Is that constitutional?

This New Year, my Social Security Benefits will increase \$9, my Medicare Supplement \$42. Where have you been?

I'm angry at the President. He failed his wife. But I'm angry with our leaders. They failed me.

When you start to give yourselves a raise this year, examine your conscience, and vote accordingly.

**Lucille Haywood**

Rockingham  
Pee Dee EMC

## Live and let live

Use your brain for a while before opening your mouth.

Think about your priorities.

When I spend my money on cigarettes, I help a farmer's family stay off welfare. It also relaxes me.

If I light up that cigarette near you, you can move to another place. No one makes you sit there and be violated.

Now, if I take a few drinks of alcohol to relax, then go for a drive, can you move away from me as easily?

Which is more important to you: self-inflicted cancer, or a car full of children hit by a drunk?

Congress is making our choices for us. They decided how we can afford to relax. They set the tax that sets the prices.

Please look before you leap into our personal lives.

**Joice Hawley**

Swan Quarter  
Tideland EMC

## Put people before polls

My advice to Congress is to fire the professional pollsters and take the time to personally listen to the people they represent. Recently, it seems that we are in danger of becoming a government of the polls, by the polls, and for the polls.

The members of Congress must prevent this "pollocracy" from influencing our government's decisions and policies. Congress must provide leadership that solicits the people's vision directly (democracy), not their own Congressional version of the people's vision (pollocracy).

Remember why you are in Congress, and remember who you represent: "It's the people, stupid, not the polls!"

**Frank Gammon**

Huntersville  
EnergyUnited

## Send us your stories and photos. Earn \$50.

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1. Approximately 200 words or less.
2. Only one entry per household per month.
3. Typed or e-mail, if possible. Otherwise, make it legible.
4. Include your name, mailing address, electric co-op, and phone number.
5. If you want your entry returned, please include a self-addressed, stamped envelope. (We will not return others.)
6. We pay \$50 for each submission published in this series.
7. Send to Nothing Finer, Carolina Country, 3400 Sumner Blvd., Raleigh, NC 27616. Or by e-mail: [carolina.country@ncemcs.com](mailto:carolina.country@ncemcs.com)

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# My Taxes at Work

southern  
style



By Donald Davis



As a youth in western North Carolina, Donald Davis learned the oral tradition of relating stories, free of radio and television. He has grown up to tell stories today on such programs as CNN's "Nightline" and National Public Radio, as well as on audiotapes and in books published by August House, Inc.

He and his wife, Merle, are residents of Ocracoke and members of Tideland Electric Membership Corporation.

The excerpt reprinted here, with permission from the publisher, is from "The Grand Canyon," one of two new audiotapes Davis has recorded. It follows Davis on his own "personal mule" to the bottom of the Grand Canyon. A bonus on the reverse side is "Getting Scared at Grandma's House."

His other new tape is about his summer job at Sulphur Springs Drive-In Theater.

The cassette tapes run about 50 minutes each and cost \$14.95 each postpaid. For more information, contact August House, 201 E. Markham, Little Rock, AR 72201. Phone: (800) 284-8784.

After graduating from high school in Haywood County, Donald Davis landed a summer job in a bookstore. It was the first job he'd had that paid him by check. In his story, "The Grand Canyon," Davis tells this anecdote about his first encounter with income tax.

On Friday afternoon the store closed, we waited around, the checks were written, and when I looked at my check about a third of it was taken out for something called federal income tax.

I went home to my daddy, who was a banker, and I thought I could complain to him. I said, "Look, they stole part of my money!"

He said, "No they didn't steal it. Look at the little stub. They just have to take the taxes out."

"What for?"

He said, "Oh, they have to do all kinds of things with taxes. They have to pave the roads with them."

I thought, "I don't care about that. You won't let me drive five miles from home. I don't care if the roads are paved or not."

**"Decide that all  
the taxes you  
pay forever are  
going for that  
one thing you like,  
and that will  
make you feel  
much better."**

that this year, and realize that in your whole life you'll never pay that much tax money. And then decide that all the taxes you pay forever are going for that one thing you like. And that will make you feel much better."

Well, my dad, being a banker, did not want me to be discouraged in financial matters. And so to keep me from being discouraged about the income tax business he made a plan. One day when he came home from the bank, he brought with him — oh, it was as thick as a New York telephone book — a summary copy of the federal budget. He said, "Son, I want you to read this until you find something you like. And when you find something you like, look how much money they'll spend on



I tried it, and it worked.

Living there in the mountains of North Carolina where I grew up, we lived right at the end of the Blue Ridge Parkway, right at the edge of the Great Smoky Mountains National Park. And when I came to the National Parks System in the federal budget, I knew what my tax money was going for. I decided right then and there that, forever, every dollar of tax money I paid was going to make payments on national parks. And now after about 35 years of that, I consider that they belong to me.

My wife, Merle, and I travel around during the course of the year while I'm doing storytelling. Sometime we're away from home maybe 300 days of the year. And people will say, "How do you stay away from home so long?"

And I just say, "We don't. We own property everywhere. We own property in every state."

We're never more than a couple of hours away from some property we bought when we've been making those national park payments. So when we have a break in the work, we just visit a national park, and as soon as we step onto that land, we're home again.

And we're very generous. Because when we're not there, we let other people use it.



Compiled by Rence Gannon

## How real food was cooked way back when

In "The Aroma & Memories of Grandma's & Mama's Kitchen," author Louise K. Nelson examines the simple ways a poor tenant farmer's wife in western North Carolina cooked for her family in the 1920s and 1930s.



"My Grandma could neither read nor write, and she cooked with a pinch of this and a dab of that," says Nelson. "I have the very simple recipes of farm cooking with lard and butter."

The book includes meat, bread, vegetable, fruit and desert recipes, along with how to preserve, dry, smoke, can and even bury foods in the ground for winter use.

For information, write to Louise K. Nelson, 1336 Asheville Road, Waynesville, NC 28786. Or call (704) 456-3760.

## Cumberland's Coliseum Complex in Fayetteville wins facilities award

The Cumberland County Coliseum Complex was awarded the prestigious Prime Site Award for 1998 from Facilities Magazine, a publication covering the facilities, exposition market and entertainment industries. Twenty-nine sites in the United States and Canada received the award as the top entertainment facilities.

The Prime Site Awards are based on the opinions of those in the industry directly involved with site selection. Promoters, booking agents and personal managers voted for the top entertainment venues.

"A common theme among our winners is flexibility – multi-purpose/function capabilities. They pride themselves on being able to host myriad events, from concerts to trade shows to special events," says Michael Caffin, editor of Facilities. "It is a special honor that the CCCC received this recognition in the first year of the Crown Coliseum's operation."

## Nutritional information

### Folic acid is an essential mineral for women in child-bearing years

The March of Dimes, the U.S. Public Health Service and the Fullerton Genetics Center at Asheville's Mission + St. Joseph's are urging women ages 15 to 50 to take a daily multivitamin that contains the B vitamin folic acid (sometimes listed as folate). If taken before pregnancy occurs, folic acid can prevent certain birth defects of the brain and spinal cord, such as spina bifida, which cripples thousands of babies every year.

Babies with spina bifida may never be able to walk or control body functions, and may have problems learning in school. The problem is especially common in western North Carolina, reports the Fullerton Center.

The recommended daily intake of folic acid is 400 micrograms. Foods that contain natural folic acid include orange juice, green leafy vegetables and beans. Fortified breakfast cereals, enriched grain products and vitamins contain a synthetic form of folic acid that is more easily absorbed by the body than the natural form. But the only sure way to get all the folic acid and other vitamins and minerals needed is by taking a multivitamin.

"Taking a multivitamin every day is good for you, and it's good for the baby you may have some day," says Judy Major of the Fullerton Genetics Center.

For more information, write to Fullerton Genetics Center, Clinical Genetics Practice, 14 Victoria Road, Suite 101, Asheville, NC 28801. Or call (828) 252-7037. The March of Dimes can also be reached toll-free at 888-MODIMES.

### March is Peanut Month

Since Peanut Month coincides with National Nutrition Month, it's appropriate to laud the peanut for its nutritional qualities, as well as to celebrate its great taste and popularity. Peanuts aren't just grown in Georgia. It is a multi-million dollar industry in North Carolina, where 150,000 acres of peanuts in the northeastern and Sandhills sections of the state produce 450 million pounds of peanuts annually (10 to 12 percent of U.S. production).

Peanuts have long been referred to as "Nutrition in a Nutshell" because of their high protein, vitamin and mineral content. And recent clinical research findings show that the legume's mostly mono- and poly-unsaturated oil content aid in lowering blood serum cholesterol levels.

A six-year study conducted by Dr. Gary Fraser of Loma Linda University concludes that those who consume nuts as often as five times per week may reduce their risk for heart disease by as much as 50 percent. And although the benefits are greatest for frequent nut eaters, his study also finds that those who eat nuts even once a week had a 25 percent less occurrence of heart disease than those avoiding nuts entirely.

For information about the nutrition of peanuts and for recipes using peanuts and peanut products, write to Peanuts, P.O. Box 8, Nashville, NC 27856-0008.





## Nature Conservancy protects 1,000 more acres of sensitive land

The North Carolina Chapter of The Nature Conservancy placed almost 1,000 acres of natural areas under its protection in January, bringing the total amount of preserved land to more than 416,000 acres across the state. The organization protects and maintains examples of ecosystems, communities and species native to North Carolina.

*Six areas across the state were donated for protection:*

About 146 acres of conservation easement in Avery and Caldwell Counties were donated by Grandfather Mountain, Inc., the latest gift in a series of easement land donations that will eventually protect more than 1,700 acres of the mountain.

The chapter purchased 242 acres at Bluff Mountain Preserve in Ashe County. About 2,001 acres are now owned at Bluff Mountain.

The Ball family of Henderson County donated 340 acres of easement to the Green River headwaters. The family is donating a series of easements that will eventually protect 1,200 acres.

Highland Properties, Inc., donated 63 acres of the Nellie Bell Ponds natural area in Currituck County to the Conservancy, which will then transfer the land to the N.C. Wildlife Resources Commission as an addition to the Northwest River Game Land.

The group purchased 50 percent interest in 114 acres of Kitty Hawk Woods, a maritime deciduous forest in Dare County.

Landowner Jerry Stevenson donated 135 acres of New River tidal wetlands near Jacksonville in Onslow County to the Conservancy.

Contact The Nature Conservancy, N.C. Chapter, 4011 University Drive, Suite 201, Durham, NC, 27707, or call (919) 403-8558. Or visit the Web site at [www.tnc.org](http://www.tnc.org).

## A tribute to Velma Beam Moore

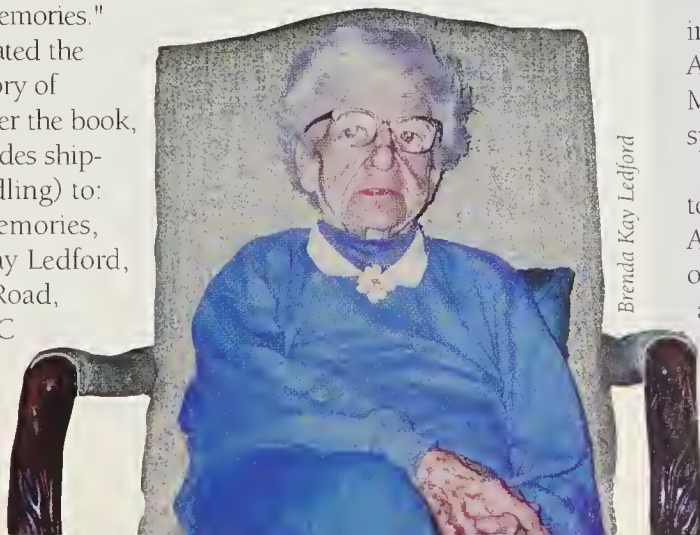
Velma Beam Moore passed away last fall, but in her wake, she left a lifetime of accomplishments rarely surpassed by any man or woman. In the September 1997 issue of *Carolina Country*, writer Brenda Kay Ledford introduced readers to Velma Beam Moore — the mother of modern Clay County.

Moore came to Clay County in 1941 to help families adjust to the changes that the Tennessee Valley Authority and electricity would bring to their lives. For more than 50 years, Moore helped farmers better their crop systems, and helped the farm families feed and clothe themselves.

Her life work touched so many citizens in the mountain community that the Town of Hayesville recently declared April 16 of each year "Velma Beam Moore Day." According to Mayor Gwen Weaver, she was a "woman of small stature, but a giant of understanding and wisdom."

Before her death, Moore wrote the forward to Ledford's recently published book of poetry, "Patchwork Memories."

Ledford dedicated the book in memory of Moore. To order the book, send \$6 (includes shipping and handling) to: Patchwork Memories, c/o Brenda Kay Ledford, 450 Swaims Road, Hayesville, NC 28904-7142.



Brenda Kay Ledford

## For the kids

### Students can join the N.C. Zoo's elephant tracking team

The North Carolina Zoo, with the assistance of webslingerZ, Inc., brings an exciting African expedition to desktops around the world. An interactive Web site <http://www.nczooele-track.org>, chronicles the journey of Dr. Mike Loomis, chief veterinarian of the North Carolina Zoo, Dr. Martin Tchamba, elephant conservationist for the World Wildlife Fund for Nature, and their research team as they travel through Cameroon, West Africa, to track and collar African elephants.

With this unique project, teachers and students can share the impact that field research has on global conservation as they become part of the North Carolina Zoo's elephant tracking team. The Web site will feature interactive elements, including Ask Dr. Mike, Dr. Mike's Diary, message boards, tracking maps, lesson plans for teachers to use in their classrooms.

For more information, call the N.C. Zoo at (800) 488-0444.



N. C. Zoo photo

### "Electric Space" at Science Museum

The North Carolina Museum of Life and Science in Durham presents "Electric Space: Bolts, Jolts and Volts from the Sun." The exhibit runs through April 30.

Kids learn about the effects space weather — solar flares, magnetic storms and electrical disturbances — has on technology. One feature shows how solar winds can cause Earth's largest light show — the Polar aurora, known as the Northern Lights. Electric Space was developed by the Space Science Institute and the Franklin Institute Science Museum.

The museum is open daily 10 a.m. to 5 p.m., and on Sundays noon to 5 p.m. Admission is \$6 for adults, \$4 for children 3-12 and free to seniors and kids 2 and younger. For more information, call the museum at (919) 220-5429 or visit the Web site [www.ncmls.org](http://www.ncmls.org).

### Agriculture scholarships available

Agriculture students from 28 major farming states, including North Carolina, may apply for scholarships offered by the American Farm Bureau Foundation for Agriculture and Monsanto Company. The first scholarships will be awarded this spring for use during the fall 1999 semester.

The 50 scholarships, each worth \$2,500, will be awarded to students from families actively engaged in farming. Applicants must be entering their first year of college in the fall of 1999 and plan to study agriculture. Application materials are available at state and county Farm Bureau offices, as well as at agricultural chemical retailer locations. The application deadline is April 15.



## Belhaven opens its centennial celebration this month

The town of Belhaven in Beaufort County plans to spend 1999 celebrating its 100th anniversary with a series of family-oriented events during the next several months.

March 6-7 marks the Grand Kick-Off Extravaganza. On March 6, the event features a Centennial Exhibition showcasing the town's legends, human-interest stories and history. The exhibit also highlights significant historical changes related to health care, business, the farming/fishing/seafood industry and fire and rescue. Live music and a street dance are also scheduled. A picnic lunch and a brief sermon, followed by music, storytelling and a scavenger hunt for children end the opening festivities March 7.

But the fun doesn't end in March. The celebration continues into April with a live play performance by local youth, a children's fishing contest, a walking historical tour of Pungo District Hospital through displays and a Veteran's Day Ceremony are scheduled in May. In June, plans include an honorary program for successful citizens. A time capsule burial July 4 marks the celebration's grand finale.

A centennial book, video, commemorative cups and license plates are available for purchase. For more information, contact the town office at (252) 943-3055.

## This device seeks respect for elderly drivers

Archie Pierce of West Jefferson believes younger drivers should treat elderly drivers with more courtesy and respect. To that end, he's developed a device that can identify elderly drivers as they drive.

Called the Safe-T Emblem (for "safe arrival for elderly travelers"), the 6-inch tall, red, white and blue device attaches to the roof of a car as a means of notifying other drivers that the person underneath it may need extra courtesy and assistance.



Pierce has not yet promoted the emblem very widely, preferring to test its effectiveness in North

Carolina. He is marketing it by mail order, ready-to-assemble, for \$19.95 plus \$3 shipping.

Contact Archie Pierce, Pressley Enterprises VPS, P.O. Box 296, West Jefferson, NC 28694.

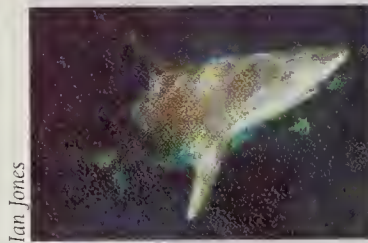
## Now showing

### Laser show of Pink Floyd's "The Wall"

Discovery Place is showing Pink Floyd's "The Wall" in an all-new laser show at its OMNIMAX Theatre. The British band's album is brought to life with laser light every Friday and Saturday night at 11:15 p.m.

The 1979 album topped Billboard's album chart for 15 weeks and was later turned into a partially-animated feature film documenting the rise and fall of a rock star. The high-tech laser show utilizes OMNISCAN, the first and only full-dome 180-degree computer graphics laser projection system. The music combined with high-resolution vectorgraphic imagery and 16,000 watts of sound immerses the audience in virtual reality effects of brilliant laser light, creating a sensation of movement in multiple bursts of color.

The cost of the laser shows at Discovery Place is \$6.50. Contact Discovery Place, 301 North Tryon Street, Charlotte, NC 28202. Phone: (704) 372-6261.



Ian Jones

### "Sharks: Fact and Fantasy"

Discovery Place's newest traveling exhibit takes some of the myth out of one of the world's most-feared creatures – sharks. The educational exhibit, "Sharks: Fact and Fantasy," runs through May 9.

Visitors are invited to walk through a simulated underwater shark habitat, complete with sounds of the ocean deep where they come face-to-face with more than a dozen life-sized shark models, including a hammerhead, thresher, tiger, mako, catshark and 12-foot-long great white. Shark anatomy and evolution are explored with hands-on displays that feature shark cartilage (not bones), assorted fossilized shark teeth and an enormous cast of jaws from *Carcharocles megalodon* – a fossil shark that had jaws measuring five feet high. The exhibit was produced by the Natural History Museum of Los Angeles County, Calif.

### "The Wreck of the Henrietta Marie"

Shackles, an engraved bronze ship's bell and an ivory tusk are among items on display at the Cape Fear Museum exhibit "A Slave Ship Speaks: The Wreck of the Henrietta Marie." The traveling exhibition, sponsored nationally by General Motors, runs through April 18.

The "Henrietta Marie," a 1699 English merchant slave ship capable of holding about 200 slaves in the cargo area, sank off the coast of Florida in 1700. Excavator Mel Fisher found the shipwreck in 1972. Fisher later donated his claim to the wreck site and all of its artifacts to the Mel Fisher Maritime Heritage Society, which organized the exhibition.

The "Henrietta Marie" is believed to be the world's largest source of tangible objects from the early years of the transatlantic slave trade. The exhibition uses the ship as a focal point to examine the slave trade, the conditions that spawned it and its effects on society. The 3,000-square-foot traveling exhibition also explores the underwater archaeology of the wreck site.

The exhibit is free with admission to the museum. Contact Cape Fear Museum, 814 Market Street, Wilmington, NC 28401-4731. Phone: (910) 341-4350.

*Photo courtesy of the Mel Fisher Maritime Heritage Society*





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*If you like food and hate dieting, you'll love losing pounds and inches the Vinegar way.*

Suddenly your body will be energized with new vigor and zest as you combine nature's most powerful, nutritional foods with vinegar to trim away pounds while helping the body to heal itself.

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According to her findings, staying trim and fit the Vinegar way also provides preventive health care against the curses of mankind-- cancer, heart disease, diabetes, high cholesterol and blood pressure and other maladies.

In fact, the book's program is so complete that it also helps you:

- Learn secrets of ageless beauty and glowing skin
- Help build the immune system, to fight arthritis and disease
- Speed the metabolism to use natural thermogenesis to burn fat

*PLUS so much more that you simply must use the book's easy Vinegar way to lose all the weight you want to lose-- and enjoy all its other benefits-- before deciding if you want to keep it.*

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Simply write "Vinegar Diet" on a piece of paper and send it with your check or money order of only \$19.95 plus \$2 shipping and handling to the publisher: The Vinegar Diet, Dept. FD3352, 718 - 12th Street N.W., Box 24500, Canton, Ohio 44701.

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Above statements are extracted from letters received by the publisher from readers

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<p><b>Evergreens 1-2 ft.</b></p> <p>Can. Hemlock \$1.49 ea/10 for \$14.00          Red Cedar \$1.49 ea/10 for \$14.00          White Pines \$1.49 ea/10 for \$14.00          South-Privet Hedge 25 for \$8.95</p>					

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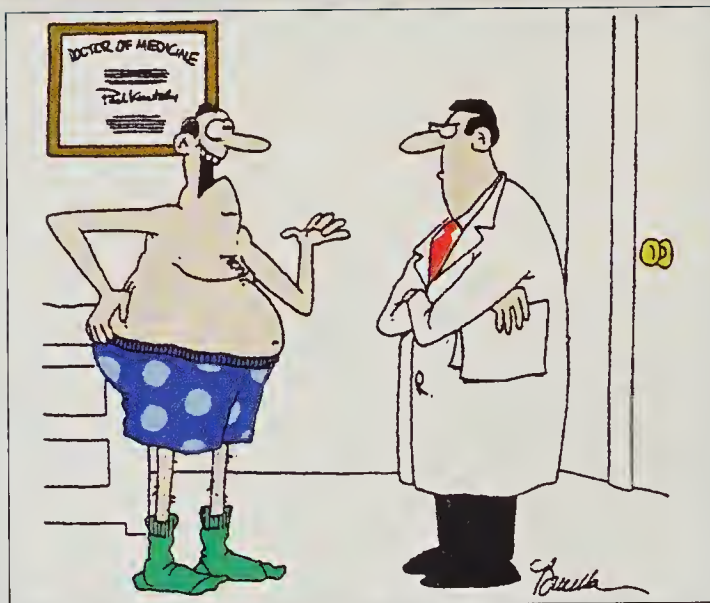
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uncopyrightable



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Use each letter once to spell out the answer, moving from letter to adjacent letter in any direction.

S	T	V	N
M	E	A	I
E	S	O	D
T	N	N	U

A burglar alarm  
is usually

\_\_\_\_\_ I

## Domi-No.s

Each letter in this multiplication puzzle stands for a digit. Can you place the digits from 0 through 9 on these Domi-No.s to get the WINDS out of MARCH?

M	A	R	C	H
	2			

X

M

W	I	N	D	S

## Southern Exposure

### Notice posted in the Iredell County Inspection Department

If an inspection is needed on a permit purchased today, it will be set up for the following day (which is two days from today).

### Just curious

The record of tax revenues for the State of North Carolina in 1837 shows an Artificial Curiosity tax brought in \$1,720.20, while a Natural Curiosity tax fetched another \$366.60

The two together yielded almost as much as town property taxes, which totaled \$2,163.68.

My curiosity is aroused. If any reader can tell me what type curiosities these Curiosities taxes taxed, I would be interested in knowing.

(Mr. Joyner can be reached through Carolina Country, P.O. Box 27306, Raleigh, NC or [carolina.country@ncemcs.com](mailto:carolina.country@ncemcs.com))



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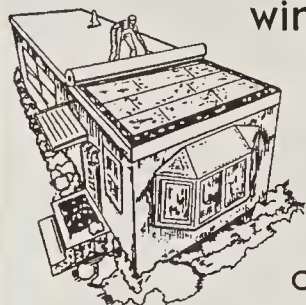
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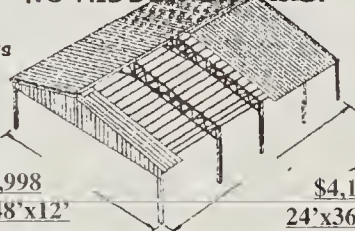
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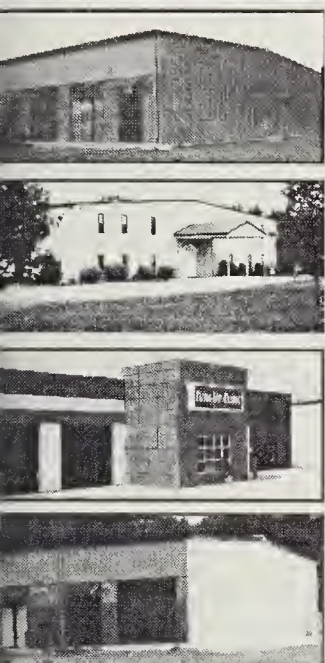
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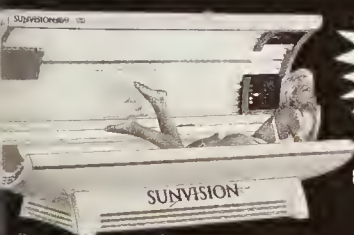
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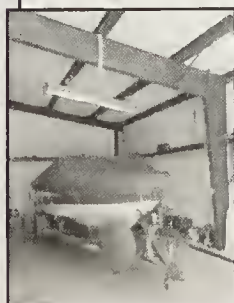
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Spherical tank bottom reduces sediment buildup with hard water

High-output new long-life electric water heaters

It can make excellent economic sense to replace an old electric water heater with a new super-efficient model. Installing a properly sized, more efficient model can provide plenty of hot water in the morning and still lower your electric bills substantially.

There are several new electric water heater designs that have lifetime, never-leak warranties. These never-leak models, in particular the newer 100 percent plastic ones, are also very efficient electric water heaters. No matter what your water conditions are, you may never have the expense of replacing the water heater tank again.

As a brief background to understand operating costs and savings, electric water heaters are rated by their efficiency factors (EF). By comparing EF's, you can determine the savings you may see by installing a new one. With electric water heaters, the amount of tank insulation and its internal design affect the EF the most. Selecting a model with heat trap fittings also helps.

For a typical family of four, replacing an old electric water heater at an EF of 0.80 with a new model at an EF of 0.95 yields savings of about \$80 per year.

Even if you replace your old water heater with a new one of the same tank size, you will have more hot water for morning showers. The high levels of tank insulation reduce heat loss so there is more hot water for your showers. Some models also have optional high-output 5,500-watt heating elements. Check the maximum capacity of your wiring before using these elements.

Some of the best new models have so much insulation, that the hot water in the tank loses only one-third of a degree per hour even if the power goes off. These models typically use earth-friendly non-CFC (no ozone layer damage) foam insulation.

The proper way to size your new water heater is by its first-hour rating (gallons of hot water available in one hour). This includes the gallons of hot water in the tank plus the amount of water the elements can heat in one hour. Check with your water heater dealer for a hot water usage chart to estimate your family's peak hot water requirements in the morning.

Most of the electric water heaters that have a lifetime, never-leak warranty use all plastic water tanks and outer shells. Most other electric water heaters use a glass-lined steel tank that has a limited life. The newest, super-efficient plastic design (Marathon) looks somewhat like a large inverted test tube.

This design, with a domed top, is ideal for efficiency and high hot water output. Since the hottest water naturally moves to the top of the water heater tank, the spherical-shaped top provides room for extra insulation. The bottom of the tank is also spherical for complete drainage and more complete sediment removal.

The inner tank, that actually holds the hot water is made of safe polybutylene plastic wrapped with fiberglass reinforcement for superior strength. It cannot leak. If you have ever noticed a foul smell to your hot water, it is often caused by the anode rod reacting with natural chemicals in your water. Plastic water heaters need no anode rod because they don't rust.

Another unique long-life design, Hydrastone, uses a one-half-inch thick stone lining inside the steel tank instead of glass. The thick hydrastone layer blocks corrosive oxygen, in the water, from reaching the steel tank. It also adds some insulation value to the tank.

If your area has hard water, consider several design features. Choose a design with a large hand-size opening, at the lower element, to remove severe sediment deposits. Look for names like "Hyrdajet" or "Jetforce," which have special water inlet tube designs to create turbulence and minimize sediment deposits. Some models also use built-in magnetic "limefighters" that help to keep the sediment suspended.

Write for (or instantly download - [www.dulley.com](http://www.dulley.com)) Utility Bills Update No. 495 - buyer's guide of the 11 most efficient and never-leak electric water heaters, EF's, outputs, warranties, features, first-hour rating worksheet and a operating cost/payback chart. Please include \$3.00 and business-size self-addressed envelope. Send it to James Dulley, Carolina Country, P.O. Box 54987, Cincinnati, OH 45254.

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**Crafts Exhibit**  
Through March 24, Asheville  
Woven wearables and glass,  
Folk Art Center,  
(704) 298-7928

**Senior Arts Competition**  
March 1-12, Shelby  
For age 55 and older,  
Cleveland County Arts  
Council, \$4 entry fee,  
(704) 482-3488

**Garden Soil Seminar**  
March 2, Belmont  
Daniel Stowe Botanical  
Garden, 11:30 a.m., free,  
(704) 825-4490

**Moonlight Meander**  
March 2, Belmont  
Daniel Stowe Botanical  
Garden, pre-registration  
required, 6:45 p.m.,  
(704) 825-4490

**Piano Duet Concert**  
March 2, Boiling Springs  
Hamrick Hall Auditorium,  
Gardner-Webb University, 8  
p.m., (704) 434-3937

**"Lost in Yonkers"**  
March 4-7, 11-13, Shelby  
Neil Simon play, Cleveland  
Community College  
Auditorium, (704) 487-1920

**Gourd Painting Workshop**  
March 6, Belmont  
Daniel Stowe Botanical  
Garden, pre-registration  
required, (704) 825-4490

**Art Exhibit**  
March 8-26, Statesville  
Gilbert Memorial Gallery,  
Mitchell Community College,  
(704) 878-3310

**Woodland Walk**  
March 10, Belmont  
Daniel Stowe Botanical  
Garden, 9:30 a.m., pre-regis-  
tration required,  
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**Stained Glass Workshop**  
March 12-13, Shelby  
Cleveland County Arts  
Center, pre-registration, \$35  
fee, (704) 484-2787

**Farm Toy Show & Auction**  
March 13, Jonesville  
Holiday Inn, (336) 468-2575

**Dirty Digging**  
March 13, Belmont  
Children, Daniel Stowe  
Botanical Garden, pre-regis-  
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**Arbor Day Celebration**  
March 19, Shelby  
Uptown, 12-6 p.m.,  
(704) 484-3100

**18th Century Hunters Camp**  
March 20, Kings Mountain  
Kings Mountain National  
Military Park,  
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**Home Landscape Planning  
& Design Workshop**  
March 27, Belmont  
Daniel Stowe Botanical  
Garden, pre-registration  
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**Crafts Exhibit**  
March 28-May 9, Asheville  
Community college students'  
work, Folk Art Center,  
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**Penland School of Arts &  
Crafts Exhibit**  
March 28-May 9, Asheville  
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**Crafts Exhibit**  
March 26-May 5, Asheville  
Marbeling and jewelry, Folk  
Art Center, (704) 298-7928

**African-American  
Dance Ensemble**  
March 29, Shelby  
Shelby High School Malcolm  
Brown Auditorium, 7:30  
p.m., (704) 484-4118

## Piedmont (between I-77 & I-95)

**Blackbeard Exhibit**  
Through March 4, Charlotte  
Discovery Place,  
(704) 372-6261

**Southern Spring Show**  
Through March 7, Charlotte  
Charlotte Merchandise Mart,  
(800) 849-0248

**Granville County Gold:  
History of Tobacco**  
Through late spring, Oxford  
Granville County Museum,  
(919) 693-9706

**Needlework/Fiber  
Art Exhibit**  
Through March 26,  
Rockingham  
Leath Memorial Library,  
(910) 997-6008

**Electric Space**  
Through April 30, Durham  
Museum of Life and Science,  
(919) 220-5429

**English Earth  
Pottery Exhibit**  
Through May 2, Charlotte  
Mint Museum of Art,  
(704) 337-2000

**Sharks: Fact and Fantasy**  
Through May 9, Charlotte  
Discovery Place,  
(704) 372-6261

**"Sliding Scale" Art Exhibit**  
Through May 30,  
Winston-Salem  
Southeastern Center for  
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**Art Exhibit**

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Southeastern U.S. artists,  
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Contemporary Art,  
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**American Crafts Collection**

Through May 30, Charlotte  
Mint Museum of Craft + Design,  
(704) 337-2000

**N.C. Currency Exhibit**

Through May 31, Chapel Hill  
Wilson Library, UNC-Chapel  
Hill, free, (919) 962-1172

**Studio Glass Exhibit**

Through July 4, Charlotte  
Harvey K. Littleton collection,  
Mint Museum of Craft + Design,  
(704) 337-2000

**Art Exhibit**

March 2-31, Lexington  
Davidson County Museum of  
Art, (336) 249-2742

**Hidden Treasures**

March 3, Old Salem  
Museum of Early Southern  
Decorative Arts, (336) 721-7300

**March Madness**

March 5, Cary  
Basketball for ages 8-15, Cary  
Community Center, 3-9 p.m.,  
(919) 460-4964

**Eudora Welty  
Ensemble Concert**

March 5-6, Winston-Salem  
Reynolda House, 8 p.m.,  
(336) 725-5325

**Treasures of the Past**

March 7-12, Old Salem  
Museum of Early Southern  
Decorative Arts, (336) 721-7300

**The King's Consort**

March 9, Wingate  
British instrumental ensemble,  
Wingate College, 8 p.m., \$25,  
(704) 233-8117

**Vienna Boys Choir**

March 10, Winston-Salem  
N.C. School of the Arts, Stevens  
Center, 8 p.m., (336) 721-1945

**Grease!**

March 11-13, Raleigh  
Musical, Sanderson High School  
Auditorium, \$6, 7 p.m.,  
(919) 881-5001

**Reptile & Amphibian Day**

March 13, Raleigh  
N.C. Museum of Natural  
Sciences, 10 a.m.-5 p.m., free,  
(919) 733-7450

**"Sleeping Beauty" Ice Ballet**

March 14, Winston-Salem  
N.C. School of the Arts, Stevens  
Center, 2 & 7 p.m.,  
(336) 721-1945

**Daily Life in Old Salem**

March 14-19, Old Salem  
Includes program on Moravian  
music, (336) 721-7300

**Irish Poetry Reading**

March 18, Winston-Salem  
Reynolda House, 8 p.m.,  
(336) 725-5325

**"The Acts of the Apostles"**

March 18, Wingate  
Wingate College, 7:30 p.m.,  
free, (704) 233-8026

**Hummingbirds  
of North Carolina**

March 19, Raleigh  
N.C. Museum of Natural  
Sciences, 7:30 p.m.,  
(919) 733-7450

**"Bouquet of Quilts"  
Quilt Show**

March 19-20, Kernersville  
Kernersville Public Library,  
(336) 996-6351

**Lee Smith's "Tongues of Fire"**

March 20, Sanford  
Temple Theatre, (919) 774-4155

**Irish Festival**

March 20, Winston-Salem  
Reynolda House, 10 a.m.-3  
p.m., free, (336) 725-5325

**Family Fun Saturday**

March 20, Spence  
N.C. Transportation Museum,  
(704) 636-2889

**Birds of Early Spring**

March 20, Raleigh  
Field trip, Wake Audubon  
Society, (919) 571-0388

**The Magic School Bus – Live**

March 26, Winston-Salem  
Children, N.C. School of the  
Arts, Stevens Center, 10 a.m. &  
7 p.m., (336) 721-1945

**Doyle's Appraisal Road Show**

March 27, Winston-Salem  
Reynolda House, 10 a.m.-2  
p.m., (336) 725-5325

**Bird Watching**

March 27, Raleigh  
Meet at Ridgewood Shopping  
Center, 8 a.m., (919) 571-0388

**Coastal Plain  
(east of I-95)****A Slave Ship Speaks**

Through April 18, Wilmington  
The Henrietta Marie, Cape Fear  
Museum, (910) 341-4350

**Antique Conservation  
Consultation**

March 2, New Bern  
Tryon Palace, 1 p.m., free,  
(252) 514-4935

**Belhaven Centennial  
Celebration**

March 6-7, Belhaven  
Downtown, (252) 943-3055

**East Coast World**

Championship Rodeo  
March 6-7, Wilmington  
Poplar Grove Plantation,  
(910) 686-9518

**18th Century Irish Music**

March 10, New Bern  
Tryon Palace, 7 p.m.,  
(252) 514-4900

**Civil War Medicine**

March 11, New Bern  
Lecture, Tryon Palace, 7 p.m.,  
free, (252) 514-4900

**Flowers of the Night**

March 13, New Bern  
Tryon Palace, 10 a.m.,  
(252) 514-4900

**"Raney"**

March 18-21, Lumberton  
Comedy-Drama, Robeson Little  
Theatre at Carolina Civic Center,  
(910) 739-5148

**Appalachian Storytelling**

March 19, Elizabeth City  
College of the Albemarle  
Auditorium, 7:30 p.m.,  
(800) 335-9050

**Antique Show and Sale**

March 19-21, Edenton  
N.C. National Guard Armory,  
(800) 775-0111

**Collectors Day**

March 20, Beaufort  
N.C. Maritime Museum,  
(252) 728-7317

**Furniture Making**

March 20-28, New Bern  
Observe craftsman at work,  
Tryon Palace, (252) 514-4900

**Fine Art of Collecting**

March 21-23, New Bern  
Tryon Palace, registration  
required (252) 514-4900

**Concert**

March 26, Oriental  
Pamlico County Civic and  
Cultural Center, 8 p.m., \$12,  
(252) 249-3079

**Herb & Garden Fair**

March 27, Wilmington  
Poplar Grove Plantation, 9 a.m.-  
5 p.m., (910) 686-9518

**"In Defense of Liberty"**

March 27, Currie  
Moore's Creek National  
Battlefield, (910) 283-5591

**Deadlines:**

May . . . Mar. 25  
June . . . Apr. 25

A phone number must be  
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carolina.country@ncemc.com



*Success in summer gardens depends largely upon what is accomplished this month.*

*Easter lilies and dogwood blossoms. When using lilies in floral designs, remove pollen from blooms to prolong their life.*



## Gardening work increases

It's time to secure seed, flower and vegetable plants and fertilizers, as well as sprays and dusts to control insects and diseases.

In case of scant rainfall, watering cannot be overemphasized — water is the lifeline of plants. Roses are in need of care to assure an abundance of blooms. As blooms fade on spring-flowering trees, shrubs and bulbs need fertilizing to help prepare for next year's display.

Plant gladiolus corms about every two weeks to have a source of garden color and cut flowers for use in gaining height in floral designs. Glads will bloom earlier and have higher yield if corms are stored at a temperature of 80 degrees F for 15 days before planting.

## Caladiums

Among the most showy and colorful plants for shady spots, caladiums must have a warm temperature for sprouting: 60 to 70 degrees F. Start tubers indoors in clean moist sand, peat moss or vermiculite. Tubers may be placed close together for sprouting. Transplant to outdoor beds, pots, window boxes or hanging baskets. A mass of caladium leaves is a most-effective landscape accent at the shady base of shrubs. Using all of one variety gives impact. Caladiums are also good choices for shady areas of indoor rooms.

## Ready, get set, go

Check over tools and equipment sometime soon. If the trowel, spade, shovel and hoe are rusty, sharpen by rubbing with kerosene and sand or steel wool. Sharpen cutting edges with a few swipes along the inside face of each with a file. True, tools will wear out a bit faster, but you will find it much easier to work with clean, sharp tools.

## Vegetables

Tender eggplant, sweet and hot pepper plants should be in the ground soon. These seeds may be planted now: okra, bush and pole beans, snapbeans, cucumber, eggplant, sweet and roasting ear corn. When thinning leafy vegetables such as beets, kale and turnips, save the tops for cooking. Give vegetables a thorough soaking during dry spells. A light watering can do more harm than good as it tends to force roots upward in seeking moisture.

## Easter lilies

Potted plants may be planted outdoors after flowering. Place in a sunny area of fertile soil. Cut back stems to about 3 inches from the ground. In most cases, lilies will reflower in late summer. Give plants heavy mulch if freezing weather is forecast in winter. After a

few seasons, bulbs may be dug and divided to increase stocks. Separate bulbs into scales. These may be planted separately to grow into new plants. As with other lilies, undisturbed blooms will develop seed at the base of the flower. These may be planted to produce seedlings.

## Hort shorts

1. For the maximum number of blooms, train canes of running roses horizontally on a fence or wire, rather than growing them in an upright fashion.
2. Canna lilies are adapted to grow in part shade or full sun. Their banana tree-like foliage and orchid-like blooms lend a tropical atmosphere, which is especially desirable near a body of water such as a fishpond or swimming pool.
3. Zoysia and bluegrass seed may be sown for new lawns, or patching dead spots in established lawns.
4. Dropping leaves of gardenias are normal at this time of year. Shedding leaves do not retard the development of flower buds.
5. Cut away spent blooms of daffodils, hyacinths and tulips. Leave foliage until it matures and turns brown as it is manufacturing food for next year's blooms.
6. Dogwood and Southern magnolias can be successfully transplanted in early March.
7. Just as soon as azaleas complete flowering, fertilize with complete azalea-camellia fertilizer, or 10-10-10 formula.
8. The first two weeks of March is the ideal time for pruning bush roses. Remove all dead and weak wood. Cut back healthy canes to about 10 to 12 inches on hybrid teas, 18 to 20 inches on hybrid perpetuals.
9. Seeds of hardier annuals should be planted before hot weather sets them back. These include larkspur, poppy, cornflower, alyssum, calliopsis, baby's breath (gypsophila), clarkia, snapdragon and stock.
10. Snip off faded blooms of early-flowering camellias, and rake away fallen blossoms to help prevent spreading of petal blight. It's advisable to burn the flowers.

## Perk up liriopse

Evergreen grass-like perennial liriopse makes a tough edging, border or ground cover. After several years of growth in the same location, liriopse tends to become large and crowded in growth. It responds well to periodic renewal. This is best done before new growth begins. To thin, use a sharp spade to cut through the stand, removing part of it to narrow the edging border. In a mass ground cover planting, dig all liriopse, divide and replant. Even if plants are not in need of thinning, remove old, diseased, damaged or winter-browned leaves. This reduces the bulk of the planting and improves appearance when new spring growth appears.



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"Goober" is from the African  
Bantu word for peanut:  
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Brazil and made their way to  
Spain then Africa before reach-  
ing Virginia on slave ships.

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## Southern Peanut Pie

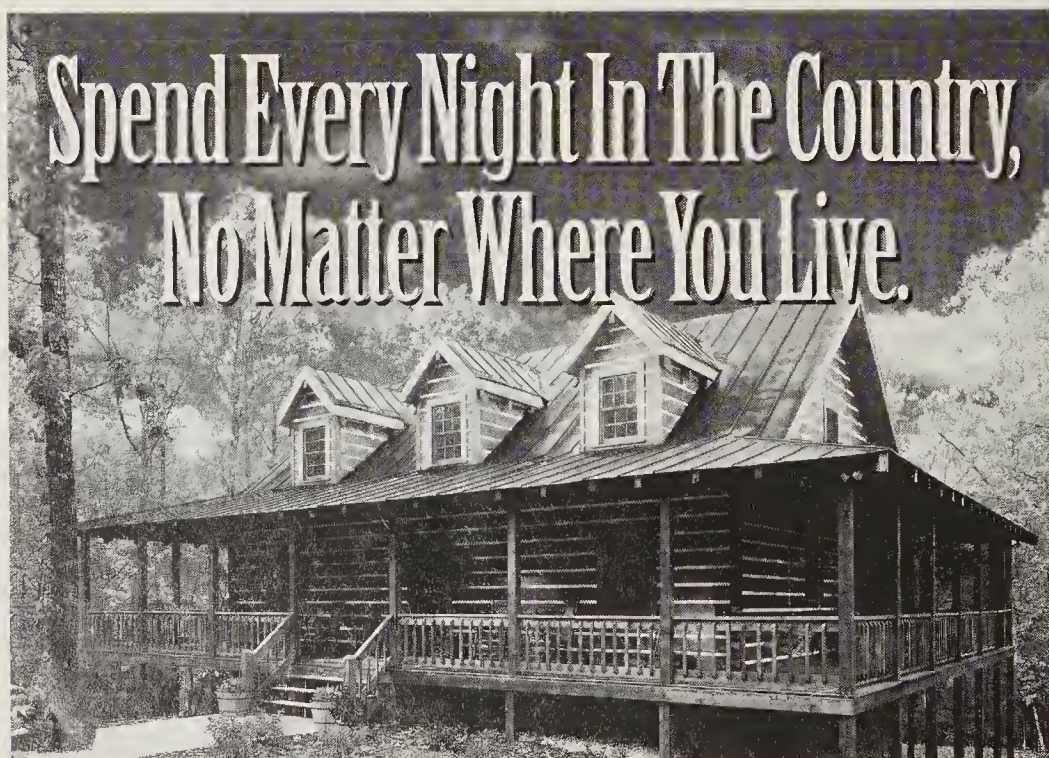
3 eggs  
1/2 cup granulated sugar  
1 1/2 cups dark corn syrup  
1/4 cup butter, melted  
1/4 teaspoon salt  
1/2 teaspoon vanilla  
1 1/2 cups chopped roasted peanuts  
9-inch unbaked deep-dish pastry shell

Beat eggs until foamy. Add sugar, syrup, but-  
ter, salt and vanilla; continue to beat until  
thoroughly blended. Stir in peanuts. Pour  
into unbaked pastry shell. Bake in a 375° F  
oven for 50 to 55 minutes. Serve warm or  
cold. May be garnished with whipped cream  
or ice cream. Makes 6 servings.

## Sunshine Toast

1/2 cup peanut butter  
1/4 cup brown sugar  
1 teaspoon margarine  
1/2 teaspoon cinnamon

Blend ingredients until smooth. Spread on bread and toast in toaster-oven until bottom of  
bread is brown. (Makes 3/4 cup - enough for 6 slices of toast.)



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